



**Please provide your PAST MEDICAL HISTORY:**

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Allergies               | <input type="checkbox"/> Blood clots        | <input type="checkbox"/> Gallbladder disease     | <input type="checkbox"/> MI (heart attack)       |
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Cancer, type _____ | <input type="checkbox"/> GERD (reflux)           | <input type="checkbox"/> Osteoarthritis          |
| <input type="checkbox"/> Angina (chest pain)     | <input type="checkbox"/> CVA (stroke)       | <input type="checkbox"/> Hepatitis C             | <input type="checkbox"/> Osteoporosis            |
| <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> COPD (emphysema)   | <input type="checkbox"/> High cholesterol        | <input type="checkbox"/> Peptic ulcer disease    |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> CAD (hear disease) | <input type="checkbox"/> High blood pressure     | <input type="checkbox"/> Renal disease (kidneys) |
| <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Crohn's disease    | <input type="checkbox"/> Irritable bowel disease | <input type="checkbox"/> Seizure disorder        |
| <input type="checkbox"/> Atrial fibrillation     | <input type="checkbox"/> Depression         | <input type="checkbox"/> Liver disease           | <input type="checkbox"/> Thyroid disease         |
| <input type="checkbox"/> BPH (enlarged prostate) | <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Migraine headaches      | <input type="checkbox"/> Other _____             |

**PAST OPERATIONS: What operations have you had?**

Type of Operation	When it happened	Doctor or Hospital
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Please provide your SOCIAL HISTORY:**

Do you Smoke?  Yes  No  Former  
 Type of tobacco: \_\_\_\_\_  
 Packs per day: \_\_\_\_\_  
 Years smoked: \_\_\_\_\_  
 Years quit: \_\_\_\_\_  
 Have you ever tried to quit?  Yes  No  
 Occupation: \_\_\_\_\_  
 Last Grade Completed: \_\_\_\_\_  
 Hours a Day watching TV: \_\_\_\_\_  
 EXERCISE: #of days/wk: \_\_\_\_\_ #of hrs/day \_\_\_\_\_  
 Have you ever seen a counselor?  Yes  No  
 If yes, what for? \_\_\_\_\_  
 Marital Status:  M  S  D  
 Spiritual belief/Religion: \_\_\_\_\_

Are you currently sexually active?  Yes  No  Former  
 Method of Family Planning? \_\_\_\_\_  
 Total # of Lifetime Partners: \_\_\_\_\_  
 Do you drink Alcohol?  Yes  No  Former  
 Type of alcohol: \_\_\_\_\_  
 Frequency and Amount: \_\_\_\_\_  
 When was your last drink? \_\_\_\_\_  
 Do you use Illegal drugs?  Yes  No  Former  
 Type of drug: \_\_\_\_\_  
 Frequency and Amount: \_\_\_\_\_  
 Do you have an eating disorder?  Yes  No  Former  
 Do you view pornography?  Yes  No  Former  
 Other Addictions? \_\_\_\_\_

**FOR FEMALES ONLY:**

Age at First Period: _____	Are periods <input type="checkbox"/> Regular <input type="checkbox"/> Irregular	Cycle Length (i.e. 28-30 days): _____
Date of Last Menstrual Period: _____	<input type="checkbox"/> Menopause <input type="checkbox"/> Hysterectomy	# of days Bleeding: _____
Date of Last Mammogram: _____	Is Flow: <input type="checkbox"/> Normal <input type="checkbox"/> Heavy <input type="checkbox"/> Light <input type="checkbox"/> Spotting	Number of Pregnancies: _____
Date of Last Pap Smear: _____	Do you have pain with period? <input type="checkbox"/> Yes <input type="checkbox"/> No	Number of Live Children: _____
Any history of abnormal pap smears <input type="checkbox"/> Yes <input type="checkbox"/> No	Or any of the following: <input type="checkbox"/> Pelvic Pain	Number of Miscarriages: _____
If Yes, When: _____	<input type="checkbox"/> Back Pain <input type="checkbox"/> Breast Tenderness	Number of Abortions: _____
History of contraceptives <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Mood Swings <input type="checkbox"/> Headaches	
If Yes, When: _____		

Please provide your **FAMILY HISTORY:**

**FATHER:**  Alive  Deceased Age \_\_\_\_\_ Reason Deceased? \_\_\_\_\_  
Health Problems \_\_\_\_\_

**MOTHER:**  Alive  Deceased Age \_\_\_\_\_ Reason Deceased? \_\_\_\_\_  
Health Problems \_\_\_\_\_

**BROTHERS AND SISTERS:** (each one, are they living?, Cause of death?, ages, other health problems)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SPOUSE:**  Alive  Deceased Age \_\_\_\_\_ Name: \_\_\_\_\_ Reason Deceased? \_\_\_\_\_  
Health Problems \_\_\_\_\_

**CHILDREN:** (NAMES AND AGES, living or deceased, Cause of death?, ages, other health problems)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does anyone in your family have these health conditions? (Please check & list relation even if listed above)

_____ Heart Problems (heart attacks, heart failure)	_____ Prostate Cancer	_____ Mood disorders (anxiety, depression, bipolar, etc.)
_____ Breast Cancer	_____ Skin Cancer	
_____ Colon Cancer	_____ Diabetes	
	_____ Strokes	

**HEALTH MAINTENANCE: (Please list Date)**

Last Dental Appointment: \_\_\_\_\_  
Last Eye Doctor Appointment: \_\_\_\_\_  
Last Cholesterol: \_\_\_\_\_  
Last Blood Sugar: \_\_\_\_\_  
Last Heart Scan/Stress Test/Echo: \_\_\_\_\_  
Last Colonoscopy: \_\_\_\_\_

**PATIENT SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**PHYSICIAN REVIEWED:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

